

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis SL Raheja, Mahim -
A Fortis Associate



Fortis Hospital, Mulund



Fortis Hospital, Kalyan



Fortis Hospital, CG Road,
Bangalore



Fortis Hospital, Nagarbhavi



FORTIS CELEBRATES INDEPENDENCE DAY 2025



Fortis Hospital, BG Road,
Bangalore



Fortis Escorts Heart Institute



Fortis Hospital, Greater Noida



Fortis Hospital, Ludhiana



Fortis Escorts Hospital,
Faridabad



Fortis Hospital, Gurugram



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Vasant Kunj



Corporate Office, Gurugram



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mall Road,
Ludhiana



Fortis Hospital & Kidney Institute,
Kolkata



Fortis Hospital Rajajinagar,
Bangalore





MESSAGE FROM THE GROUP CHIEF OPERATING OFFICER

Dear Fortisians,

It is a pleasure to reach out to you through the latest edition of our in-house e-magazine, The Fortisian.

At the outset, I would like to wish all of you a very happy festive season, which has commenced with the vibrant Onam celebrations. At the same time, my thoughts are with those across the country who have been affected by the unprecedented monsoon fury. It is heartening to see several of our units stepping up to support communities in their time of need.

Over the past few months, we have added several exciting new chapters to our growth journey. Fortis Hospital, Jalandhar has joined the network as our 5th hospital in Punjab. In another significant development, Fortis has signed an Operations & Maintenance (O&M) Services agreement with Gleneagles India, taking on the management of four of their hospitals. We have also entered into an O&M agreement with the Ekana Group to manage a 550-bed greenfield super-specialty hospital which will come up in Lucknow.

These additions mark a major expansion of our geographical footprint across the country. At the same time, we are enhancing our capabilities by introducing new medical programs, upgrading infrastructure, and bringing in new talent to meet the rising demand for our services.

With these initiatives, we are poised to progress steadily on the path to sustainable long-term growth. I look forward to joining you all on this exciting journey so that we can together take Fortis to even greater heights.

Thank you for your hard work and commitment to our patients and to Fortis.

Warm regards,

Anil Vinayak
Group COO

New Beginnings & Launches

Fortis Healthcare Signs O&M Agreement with Ekana Group for 550-Bed Greenfield Super Specialty Hospital in Lucknow



(L-R): Mr Manu Kapila, Head - Corporate Affairs; Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare; Yogi Adityanath, Hon'ble Chief Minister of Uttar Pradesh; Mr Naveen Bhatia, AGM - Corporate Affairs; Mr Rajeev Dua, Vice President - M&A and Mr Uday Sinha, Promoter of Ekana Group

On August 20, 2025, Fortis Healthcare signed a collaboration agreement with Ekana Group, Lucknow, for operations and management of 550 bedded greenfield super specialty hospital to be constructed near Gomti Nagar, Lucknow, by the Ekana Group. Once completed, the facility will be positioned as Centre of Excellence for tertiary care services, bringing advanced medical infrastructure and global best practices to the state capital of Uttar Pradesh.

Speaking on the collaboration, Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, said, "We are delighted to partner with Ekana Group to bring a state-of-the-art tertiary healthcare facility to the heart of Lucknow. Once operational, this new 550-bed super-specialty hospital near Gomti Nagar will significantly enhance access to advanced medical care for the city and its surrounding regions. This collaboration marks Fortis Healthcare's third major presence in Uttar Pradesh, joining our network hospitals in Noida and Greater Noida and underscores our steadfast commitment to expanding high-quality healthcare across the state."

Fortis Hospital Gurugram Introduces Its Reimagined Chemo Day Care



Fortis Hospital, Gurugram, inaugurated its reimagined Chemo Day Care on August 25, 2025. The facility is thoughtfully designed to provide cancer patients with the highest standards of technology, care and comfort. The inauguration was marked with a hawan ceremony in the presence of senior clinicians and Fortis leadership. The event was graced by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, whose presence underscored the organisation's commitment to advancing patient-centric cancer care.

The reimagined Chemo Day Care combines state-of-the-art medical infrastructure with a soothing, patient-friendly environment, ensuring that every cancer warrior receives not only advanced treatment but also compassionate support throughout their healing journey.

Fortis Hospital Mohali Launches Region's First State-of-the-art Biplane Neuro Cathlab



To set a new benchmark in advanced neuro care, Fortis Hospital Mohali launched a dedicated Biplane Neuro Cathlab on July 4, 2025. The specialised medical facility is equipped with the most-advanced imaging technology that offers high resolution precision for diagnosing and treating neurovascular conditions. With this, Fortis Hospital Mohali becomes the region's first private hospital, north of Delhi-NCR to provide this state-of-the-art medical facility for neuro-intervention procedures. The Biplane Neuro Cathlab boasts of two X-ray systems, which allows simultaneous imaging from two different angles, thereby providing detailed 3D visualizations of the brain and spinal cord. The medical facility was inaugurated by Dr Balbir Singh, Minister of Health and Family Welfare, Punjab, in the presence of Mr Ashish Bhatia, Executive Vice-President, Fortis Healthcare Ltd; Mr Abhijit Singh, Head-SBU; Dr Vivek Gupta, and other doctors from the Neurology, Neuro-surgery and Anaesthesia Department.

One Week, Two Milestones: Fortis Strengthens Presence in Africa with Launch of Two New Information Centres



Fortis has further strengthened its global footprint with the successful inauguration of two Information Centres in Ethiopia and Uganda. Fortis now operates six Information Centres in Africa, enabling patients from the continent to access world-class healthcare services at Fortis facilities in India.

The launch events were held in Addis Ababa, Ethiopia, and Kampala, Uganda, on July 28 and July 31, 2025, respectively. Both the events witnessed enthusiastic participation from key officials, including representatives from the Indian High Commission, Ministry of Health, members of the local media, renowned clinicians, leading NGOs and former patients and families who shared their inspiring recovery journeys. Their

presence reflects the growing trust in Fortis as a leading healthcare provider and Fortis Healthcare's commitment to strengthening healthcare collaborations in the region.

Fortis Hospital, Vasant Kunj, Launches Department of Gynae-Oncology



On July 16, 2025, Fortis Hospital, Vasant Kunj, launched the Department of Gynae-Oncology, which offers comprehensive care for women with gynecological cancers. This specialised unit has advanced diagnostic, surgical and therapeutic service capability and is led by Dr Rama Joshi, Chairman - Gynae Oncology & Robotics Surgery. The team focuses on early detection, personalized treatment plans, and cutting-edge research aimed at improving patient outcomes and quality of life.

The launch event was attended by Dr Gurvinder Kaur, Facility Director – Fortis Vasant Kunj, alongside clinicians and officials including Dr Ankita Jain, Dr Nithin S G, Dr Rahul Verma, Mr Somnath, Mr Vinay Rozal, Mr Kavish Bhal and the dedicated team of clinicians and staff.

Clinical Excellence

Doctors at Fortis Manesar use Scarless Endoscopic Cardiac Surgery to Repair 16-Year-Old's 35mm Hole in Heart



Doctors at Fortis Hospital, Manesar successfully performed a rare scarless total endoscopic cardiac surgery on a 16-year-old boy from Faridkot, Punjab, who had a 35 mm atrial septal defect (hole in the heart). The boy had been suffering from this congenital defect since

birth, but his family delayed treatment due to concerns about the large scar from traditional open-heart surgery. The patient presented at Fortis Hospital Manesar, Gurgaon, in unit of Pediatric Cardiology to Dr Deepak Thakur, Senior Consultant, who evaluated the patient and advised Minimally Invasive Cardiac Surgery.

On August 14, 2025, the Department of CTVS led by Dr Mahesh Wadhvani and Dr Shyamveer Singh Khangarot conducted the five-hour minimally invasive surgery through four small incisions under the armpit, avoiding the need to open the chest. The surgery also addressed other heart issues like valve leakage and Pulmonary Valve Stenosis. The patient recovered quickly and was discharged within five days and commenced his routine activities with no pain and restrictions. The successful operation demonstrates how advanced endoscopic techniques can offer faster recovery, minimal pain and eliminate the emotional trauma of visible scars. The patient's mother expressed deep gratitude to the medical team for offering a less invasive and more hopeful solution for her son's recovery.

Dr Manoj K. Goel of Fortis Hospital Gurugram Identifies New Safety Indicator in Interventional Pulmonology



Research Letters

Lung India 2025;42:380-3

Bleeding track sign during endobronchial ultrasound: A signal for caution

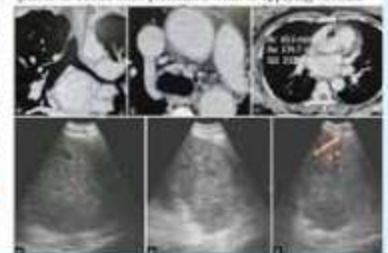
Dear Editor,

A 40-year-old female patient presented with a complaint of ill-defined chest pain for a few months. Her contrast-enhanced computed tomography (CECT) of the chest showed a well-defined heterogeneously enhancing lesion measuring 35 × 47 × 32 mm in the subcarinal region of the middle mediastinum [Figure 1a and c] with multiple prominent collateral vessels in the paratracheal, subcarinal and pre-carinal regions [Figure 1b]. It was also noted that after contrast administration, there was a significant enhancement in the radiopacity of the lesion from a baseline value of 36.4 (mean±std) HU (HU) to 120.2 HU [Figure 1c]. The positron emission tomography showed the lesion to be 18 F-NaF PET/CT avid, which is suggestive of

Manoj K. Goel, Ajay Kumar, Gargi Malhotra, Lakshay Mishra

Department of Pulmonology, Critical Care and Sleep Medicine, and Radiology, Fortis Memorial Research Institute, Gurgaon, Haryana, India.

Aspiration (EBUS-TBNA) of the mass was performed through the station 7 approach via the right main stem bronchus. The initial power Doppler sonographic image did not reveal any significant blood flow inside the lesion [Figure 1d]. Guide Wire passage of TBNA was performed without applying vacuum.



Dr Manoj K. Goel, Principal Director - Pulmonology, Fortis Memorial Research Institute, Gurugram, has introduced a significant advancement in the field of Interventional Pulmonology - the 'Bleeding Track Sign' - observed during Endobronchial Ultrasound (EBUS) bronchoscopy.

This newly identified sign, now published in the esteemed journal, Lung India, serves as an important clinical indicator of increased vascularity in the target lesion. When detected during EBUS-guided transbronchial needle aspiration (EBUS-TBNA), the Bleeding Track Sign can act as a valuable cautionary marker, alerting clinicians to a higher risk of bleeding and allowing for better procedural preparedness and patient safety. This contribution is a testament to Dr. Goel's commitment to innovation and excellence in pulmonary care. His work is set to enhance procedural safety standards in bronchoscopy practices across the country.

Community Connect

#Summerof2025 - Fortis School Mental Health Initiative



Fortis School Mental Health Program organized #Summerof2025, a special series for schools across India.

The Online Series included Life Skills Webinars and a Six Day Summer Internship in Psychology, conducted by Dr Samir Parikh, Chairperson - Fortis National Mental Health Program, with participation from over 10 thousand students from India and overseas.

For the offline internship, 587 schools with more than 7800 students attended the program at 20 Fortis hospital facilities in Delhi-NCR, Kolkata, Mumbai, Bangalore, Jaipur, Mohali, Ludhiana and Amritsar.

Fortis Hospitals Mumbai Launch city-wide Brain Health Awareness Campaign on World Brain Day



On July 22, 2025, Fortis Hospitals Mumbai launched a unique city-wide awareness campaign titled 'Helmet Pehna Kya?', in an attempt to spark public dialogue around the importance of brain health and proactive care, as part of World Brain Day. The campaign, saw more than 50 volunteers walk the streets of Mumbai wearing helmets in unexpected places.

The campaign used helmets as a symbol of routine check-ups, mental wellness, early detection and lifestyle modification. Talking about the initiative, Dr S Narayani, Business Head - Fortis Hospitals, Maharashtra, said "At Fortis, our mission goes beyond treating illness, we aim to prevent it through education and awareness. The helmet is a powerful choice for the campaign as it reminds us that just as we protect our head from injury on the roads, we must also protect our brain through awareness, timely action, and healthy choices."

At all four units—Mulund, Kalyan, Vashi, and Mahim—Patient Care Services staff wore helmets within hospital premises, sparking heartfelt conversations with patients and their families about the importance of brain health.

Fortis Hospital, Shalimar Bagh Organises Walkathon on Organ Donation Day



Fortis Hospital, Shalimar Bagh organised a Walkathon on August 2, 2025, to observe Organ Donation Day and raise awareness about the importance of organ donation. The event saw participation from over 500 individuals, including hospital staff, patients and members of the community. The walkathon began and concluded at the hospital premises, covering a total distance of 3.1 km.

The initiative was held under the guidance of Mr Mahipal Singh Bhanot, Senior VP & Business Head of Fortis Gurugram, Shalimar Bagh, Vasant Kunj, Defence Colony & Manesar, and was led by Dr Naresh Kumar Goyal, Principal Director & Head – Cardiology & Heart Failure Programme. The presence and active participation of hospital leadership played a key role in encouraging awareness around this vital health cause.

Fortis Hospital Vasant Kunj's Support Group Initiative on International Organ Donation Day



On August 21, 2025, Fortis Hospital Vasant Kunj observed International Organ Donation Day by organising a special support group program led by Dr Sanjeev Gulati, Principal Director - Nephrology and Kidney Transplant. Dr Gulati spoke about the life-saving impact of organ donation and stressed the importance of spreading awareness in society. Several patients who had undergone successful kidney transplants shared their inspiring journeys and experiences.

Dr Sanjeev Gulati and his team also educated attendees on the importance of organ donation and encouraged people to support the cause. Dr Gurvinder Kaur, Facility Director, addressed questions from the attendees, provided detailed information about the donation process, and felicitated transplant patients and donors for their courage and contribution.

Fortis Hospitals, Bengaluru launches Fortis Privé Card - A New Benchmark in Corporate Wellness Partnerships



Fortis Hospitals, Bengaluru has introduced an exclusive offering aimed at strengthening its engagement with corporate partners - the Fortis Privé Card. This aspirational initiative brings together a unified suite of healthcare benefits available across the Fortis network in India, ranging from priority services and complimentary consultations to access to holistic wellness offerings.

The Fortis Privé Card was officially launched on July 26, 2025 at a special event attended by senior leadership, including Mr Asik Das, Head – Domestic Sales & Collection, Fortis Healthcare Ltd; Mr Akshay Oleti, VP & Business Head, Fortis Hospitals, Bengaluru; Mr Faraz Ahmed, Head – Sales & Marketing, Fortis Hospitals, Bengaluru; Mr Praveen Wali, Facility Director, Fortis Hospital, Rajajinagar; Mr Chandrasekar R, Facility Director, Fortis Hospital, Cunningham Road; and Dr Sachin Baliga, Consultant – Psychiatrist, Fortis Hospital, Bannerghatta Road. The event witnessed active participation from over 30 representatives of corporate organisations, including HR Heads, Admin Leads, Medical Directors, CXOs and others.

Fortis Hospital, Gurugram celebrates 'Golden Years Wellness Day' to Celebrate Senior Citizens



On August 24, 2025, Fortis Hospital, Gurugram celebrated the launch of its Geriatric Care Program – Golden Years with a session dedicated to healthy aging and overall well-being. Over 180 senior citizens participated in the event. Engaging activities such as fluid art, laughter yoga, and an exclusive geriatric health discussion with FMRI's senior clinicians made the day both enriching and memorable.

The session featured Fortis experts, including Dr Udgeath Dhir, Senior Director – CTVS; Dr Subhash Jangid, Senior Director & Unit Head – Orthopedics; Dr Parul Sharma, Principal Director & Head – Ophthalmology; Dr Prashant Saxena, Senior Director & Unit Head - Pulmonology & Sleep Medicine; Dr Saurabh Bansal, Additional Director – Neurology and Dr Akash Jaiswal, Consultant - Geriatric Medicine. They shared valuable perspectives on holistic health, mobility, vision, neurological well-being, preventive care, and overall wellness for the elderly.

Engagement

Fortis Anandapur Hosts Sepsis Education Workshop



Fortis Hospital, Anandapur, organised a Sepsis Awareness Workshop on July 4, 2025, focused on educating doctors and nurses about the critical importance of early recognition and timely intervention in sepsis.

The event began with a traditional lamp lighting ceremony, graced by Mr. Ashish Mukherjee, Facility Director – Fortis Anandapur. Dr Suchanda welcomed the gathering with an inspiring opening speech. A compelling keynote by Dr Arindam, titled “Why Sepsis Matters”, emphasised the urgent need for awareness and early detection.

Ms Doli Biswas, Chief Nursing Officer, highlighted preventive strategies, while the Quality Team—Ms Banrishisha and Ms Maumita—efficiently coordinated the half-day workshop. The session included practical discussions on symptom identification and prevention.

Fortis Hospital Kalyan Launches Quick Response Training (Code-QRT) Program on Doctors’ Day For Healthcare Providers



(L-R) Dr Vivek Mahajan, Dr Swapnil Kony, Dr Sudhir Gore, Dr Manoj Kumar, and Dr Manjeet Singh, at the lamp lighting ceremony of CODE-QRT Program; joined by (rear) Dr Jumana Haji & Dr Ashutosh Pandey



(C) Dr Jumana Haji and (R) Dr Manjeet Singh training the healthcare providers at the CODE-QRT Program

Fortis Hospital in Kalyan announced a clinician-led Quick Response Training (QRT) program, titled ‘Code QRT’, aimed at equipping young first-line practitioners with vital diagnostic and clinical assessment skills. The 15-day training program was launched on Doctors’ Day, July 1, 2025, marking a significant step toward empowering first-line practitioners. Code-QRT is led by Dr Jumana Haji, Program Director - ECMO, Fortis Hospitals Mumbai (Program Convener), Dr Manjeet Singh, First Aid and BLS & CPR Trainer, Fortis Hospitals Mumbai, Dr Sudhir Gore, HOD-Emergency Medicine, and Dr Manoj Kumar, Consultant-Emergency Medicine, Fortis Hospital Kalyan. The program highlighted Fortis Kalyan’s commitment to empowering primary caregivers through upskilling, enabling them to better address the healthcare needs of patients in the region.

3rd Batch of Cardiac Nursing Program Concludes at Hiranandani Hospital, Vashi



Hiranandani Hospital, Vashi – A Fortis Network Hospital a part of the Fortis Network, conducted the certification ceremony for the 3rd batch of its Cardiac Nursing Program on May 8, 2025. This intensive three-month certification course was designed to enhance the knowledge and clinical competencies of nursing professionals in the specialized field of cardiac care. The ceremony was graced by Mr Nitin Kamaria, Facility Director; Ms Mohini Chandrashekhar, Chief Nursing Officer, and other Heads of Departments. The program was spearheaded by Dr Anil Potdar, Director – Cardiology and Dr Prashant Pawar, Consultant – Interventional Cardiology, who played a pivotal role in guiding and mentoring the participants throughout the journey.

The curriculum was thoughtfully structured, incorporating critical clinical pathways such as STEMI management, ECG interpretation, and hands-on clinical postings in the Emergency Room (ER) and Cath Lab. These components significantly contributed to the development of advanced nursing competencies, enabling participants to provide specialized care in both medical and surgical cardiac settings. Eight nurses from various departments — including medical and surgical Wards, ER, Cath Lab, and ICUs — successfully completed the program.

First Batch of Critical Care Nursing Certification Course announced at Fortis Hiranandani Hospital, Vashi



Hiranandani Hospital, Vashi – A Fortis Network Hospital – inaugurated the first batch of its Critical Care Nursing Certification Course, affiliated with the Critical Care Nurses Society of India. The six-month certification program aims to empower nurses with advanced skills and knowledge essential for delivering high-quality care to critically ill patients. The inauguration and lamp lighting ceremony took place on August 21, 2025, marking a significant milestone in the hospital's commitment to continuous professional development in nursing care. The ceremony was graced by Mr Nitin Kamaria, Facility Director; Ms Mohini Chandrashekhar, Chief Nursing Officer and Dr Swapnil Khadake, Chief Intensivist, along with the ICU team and other HODs.

Fortis Anandapur Hosts Epilepsy Awareness & Management Session



Fortis Hospital, Anandapur, hosted a special knowledge exchange session on June 12, 2025, aimed at fostering awareness and equipping participants with the skills to respond effectively to sudden epilepsy attacks. The event brought together 40 esteemed teachers and special educators from Government Primary and Secondary schools. Renowned experts, including Ms Deboshila Bose, Psychologist, Dr Amit Halder, Director - Neurology, Dr Arindam Chakraborty, Consultant Microbiologist and Infection Control Officer and Dr Sanjukta Dutta, Head - Emergency, shared their insights and expertise, making the session both informative and interactive.

Fortis BG Road, Bengaluru, Hosts RISE Workshop to Promote Rational Infusion & Clinical Excellence



Fortis Hospital, Bannerghatta Road, in collaboration with the 3M Team, conducted a specialised one-day workshop titled "RISE – Rational Infusion Standard Excellence" on June 18, 2025. The workshop was designed to strengthen clinical knowledge and competency in infusion therapy among nursing professionals. A total of 96 staff nurses from various departments actively participated, underscoring a shared commitment to continuous learning and patient safety.

The event was inaugurated by Dr Murali Chakravarthy, Director – Clinical Affairs & Senior Director – Department of Anesthesia, Dr Priya Goutham, Deputy General Manager – Medical Administration, and Ms. Latha Nonis, Deputy General Manager – Nursing, whose presence and guidance helped set a purposeful tone for the day.

Fortis Mulund Hosts 9th Edition of Point-of-Care Ultrasound in Emergency Medicine Workshop



Live demonstration on patients during the 9th edition of the Point of Care Ultrasound in Emergency Medicine (POCUS in EM) workshop at Fortis Hospital, Mulund.



Hands-on training for core skills being demonstrated at Fortis Hospital, Mulund, during the 9th edition of Point of Care Ultrasound in Emergency Medicine (POCUS in EM) workshop.

Fortis Hospital, Mulund hosted the 9th edition of the Point-of-Care Ultrasound in Emergency Medicine (POCUS in EM) 2025 a two-day pre-conference workshop from June 21-22, 2025, alongside showcasing cutting-edge innovations in ultrasounds and use of POCUS in emergency medicine. The POCUS in EM workshop was conducted as an official pre-conference workshop of EMCON 2025. The workshop was organized by Dr Sandeep Gore, Director - Emergency Medicine, Fortis Hospital Mulund.

The POCUS in EM program, organised in association with Society for Emergency Medicine India (SEMI) and endorsed by International Federation of Emergency Medicine (IFEM), making it the highest accredited program, the initiative attracted delegates from across India and saw overwhelming interest, with registrations filling up on the very first day. The program is supported by Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra, Fortis Healthcare, Dr Vishal Beri – Facility Director, Fortis Hospital Mulund and Dr Supriya Amey, Director – Medical Operations, Fortis Hospitals Mumbai, whose expertise continues to shape its success.

Fortis Hospital Gurugram Hosts AI Club Session on AI & Longevity

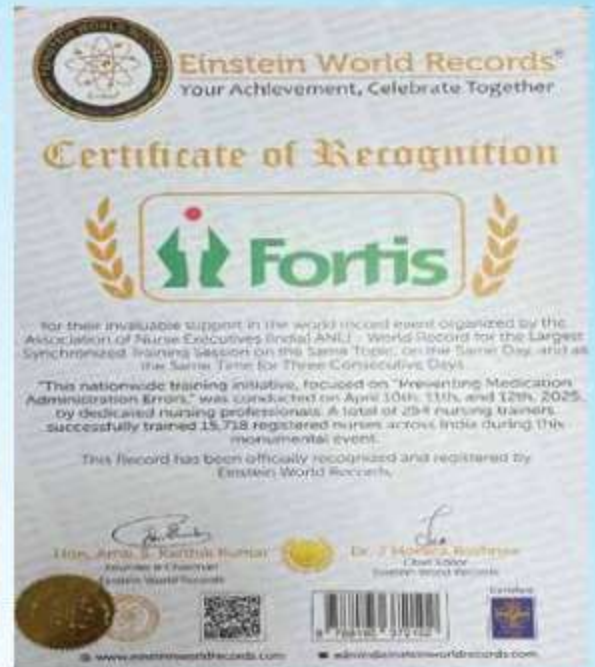


Fortis Memorial Research Institute (FMRI), Gurugram, hosted an insightful session of the AI Club on the theme "The Long Road to Longevity: Are We Ready for Longer Life?" on August 27, 2025. The keynote address was delivered by Dr Deepak Kumar Saini (Ph.D.), Professor at IISc Bangalore, Convener of the Longevity India Initiative, and Coordinator of the Franco-Indian Campus on Health. Dr Saini shared thought-provoking insights on how science and technology are redefining the future of human lifespan.

The event witnessed participation from AI experts, researchers, and Fortis clinicians, who deliberated on how AI-driven innovations can transform healthcare—ranging from early diagnosis to personalized treatment pathways and improved patient outcomes. Fortis clinicians, including Dr Rahul Bhargava, Dr Deepak Kumar Saini and Dr Srinidhi Nathany among others made invaluable contributions in making the session impactful. Mr Anil Vinayak, GCOO - Fortis Healthcare and Mr Yash Rawat, VP & Facility Director, Fortis Hospital Gurugram, graced the event.

Special Feature

Fortis Nurses Create History with a World Record Training Achievement



Over 4,000 Fortis nurses made history by participating in the world's largest synchronised training on "Prevention of Medication Administration Errors", earning a place in the Einstein World Records.

Fortis Healthcare was specially recognised for contributing the largest contingent of participants in the country, with a certificate of achievement presented during the National Conference. This milestone-achieved through seamless coordination across units-was led by Capt. Sandhya Shankar Pandey, Chief Nursing Officer, Fortis Healthcare Ltd., in collaboration with the 26 Chief Nursing Officers across Fortis hospitals, including: Ms Girja Sharma, Capt. Neelam, Ms Minimole John, Ms Minimole Varghese, Ms Suma Alias, Ms Ratna Rana, Ms Jigi Pradeep, Ms Nikethana, Ms Alice Benny, Ms Gurbaksh, Ms Latha Nonis, Mr Suresh, Ms Gowramma, Ms Ruby, Ms Mohini, Ms Doli Biswas, Ms Poonam Midha, Ms Jijimole James, Ms Madhura Mule and Ms Sathya.

Every participating nurse-over 4,000 in Fortis alone-has been awarded an individual medal and certificate, recognising their role in this historic achievement (distributed by August 2025).

The training, organised by the Association of Nurse Executives India (ANEI) in collaboration with Einstein World Records, was held from April 10-12, 2025. A total of 15,718 nurses across 14 states were simultaneously trained by 254 expert Nurse Trainers. The mega initiative spotlighted "Preventing Medication Administration Errors", a critical pillar of patient safety.





Fortis Escorts, Okhla Road



Fortis Hospital, Anandapur



Fortis Escorts Hospital, Amritsar



Fortis C-DOC, Chirag Enclave



Fortis Escorts Hospital, Faridabad



Fortis Hospital, CG Road, Bangalore



Fortis Hospital, BG Road, Bangalore



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Gurugram



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Kalyan



Fortis Hospital, Mohali



Fortis La Femme, GK II



Fortis Hospital, Ludhiana



Fortis Hospital, Mulund



Fortis Hospital, Nagarbhavi



Fortis Hospital, Noida



SL Raheja Hospital, Mahim - A Fortis Associate



Fortis Hospital, Shalimar Bagh



Hiranandani Hospital, Vashi - A Fortis Network Hospital

Events

Fortis Gurugram Launches India's First-Ever Cytomegalovirus Working Group in Collaboration with ICHS



On June 27, 2025, Fortis Hospital Gurugram launched India's first-ever Cytomegalovirus (CMV) Working Group, in collaboration with the Indian Clinical and Healthcare Society (ICHS). This pioneering initiative, led by Dr Rahul Bhargava, Principal Director & Chief – Hematology, Hemato-Oncology & BMT, and Dr Neha Rastogi, Senior Consultant – Infectious Diseases, brings together a consortium of leading infectious disease experts, clinicians, and researchers. The group is dedicated to driving awareness, promoting early diagnosis, and strengthening treatment protocols for CMV – a frequently underestimated yet serious infection, especially in immunocompromised patients.

Through this collaborative platform, we aspire to develop standardized national guidelines, foster clinical research, and elevate the standards of CMV care across India. This landmark step reaffirms Fortis Gurugram's commitment to medical leadership, innovation, and patient-centric excellence.

Fortis Hospital Gurugram organises Transplant Conclave 2025 in Amritsar



On July 26, 2025, Fortis Gurugram, in association with IMA Amritsar, organised the Transplant Conclave 2025 in Amritsar. The academic gathering saw participation from 178 doctors across Amritsar, Valla Medical Colleges, and nearby regions including Gurdaspur, Batala, and Tarn Taran.

Expert faculty from FMRI led the knowledge exchange: Dr. Vivek Vij, Chairman – Liver Transplant & Hepato-Biliary Science, spoke on Living Donor Liver Transplantation; Dr. Anil Mandhani, Chairman – Urology, addressed advances in Kidney Transplantation; and Dr. Vikas Dua, Principal Director & Head – Pediatric Hematology, Hemato Oncology & Bone Marrow Transplant, presented on Paediatric Bone Marrow Transplantation.

Fortis Hospital, Bannerghatta Road, Bengaluru, observes World Breastfeeding Week 2025



Fortis Hospital, Bannerghatta Road, observed World Breastfeeding Week from August 1–7, 2025, by organising a series of activities. The week was inaugurated by Mr Akshay Oleti, VP & Business Head at Fortis Hospitals, Bengaluru, along with vertical heads, doctors, the nursing team, and lactation experts, setting a strong tone for the event. As part of the activities, several doctors and specialists contributed through media and community outreach initiatives. Dr Mangala Ramchandra, Dr Hariram MR, Dr Parimala Devi, Dr Manisha Rajpal Singh, Dr Gayathri Kamath, Dr Yogesh Gupta, Dr Aruna Divakar, Dr Preetham, Ms Latha Nonis, Dr Suguna M, Ms Joyce J. and the nursing & lactation teams actively engaged through social media messages, TV live program, media interactions and in-person awareness drives.

Aligned with this year's theme, 'Prioritise Breastfeeding – Create Sustainable Support System,' the hospital organised 11 impactful programs, with participation from nearly 4,900 people. Activities included IYCF (Optimal Infant and Young Child Feeding) certification training, poster & slogan competitions, quiz contests for patients and staff, and multiple outreach initiatives covering medical colleges, nursing colleges, PHCs, urban slums, and NGOs. Fortis Bannerghatta Road, was also recognised by the World Alliance for Breastfeeding Action (WABA), Malaysia, receiving a Certificate of Participation for the successful celebration of World Breastfeeding Week 2025.

Meet Our Clinician



Dr TS Mahant
 Executive Director, CTVS,
 Fortis Hospital, Mohali

Since how long have you been with Fortis? How has your journey been?

I have been with Fortis Hospital Mohali for the past 20 years. My professional journey at Fortis Mohali has been patient-centric, transformative and highly rewarding.

Can you tell us about your overall experience in the field of medicine and what inspired you to become a doctor?

I owe my success to my parents as they were a constant source of motivation and inspired me to become a doctor. I also wanted to do my bit for humanity and hence getting into the medical field was the most apt choice. I get immense satisfaction and a profound sense of fulfilment from helping others.

What are some rewarding aspects of you being a clinician, both personally and professionally?

Medicines can cure, but a doctor inspires the will to live. It gives you a gratifying feeling when your patients recover from life-threatening conditions. Once I operated upon a 2-year-old child with a serious congenital defect, and she went on to lead a healthy life thereafter. Years later, she came to meet me at Fortis Mohali and her smile was the biggest reward for me.

Can you share a memorable patient story that had a profound effect on your life and career?

There have been many cases throughout my medical career, but some stand out because they were a testing time for me as a doctor. During the initial years of my career, the parents of a

6-month-old baby met me as the child had been suffering from a complex congenital heart disease. They had visited several hospitals, but doctors had refused to operate upon the baby. The parents had lost hope and did not feel that the child would survive for long. However, I operated on the baby and by the grace of the almighty, he recovered and went on to lead a normal life. He has now got married and has children of his own. As a doctor, I put in my best and leave the rest to God, as nothing happens without his command.

Has being a doctor influenced your perspective on health practices in personal life as well?

Yes, being a doctor, I ensure to preach what I practice. I strictly adhere to all norms of life, just like I advise my patients.

How do you incorporate empathy and compassion in your work with the patients and their families?

It's important to empathise with your patients and be fully involved in the case. Patients and their families already undergo severe mental distress. I ensure to strike a rapport with them as words have a calming effect, and can be comforting and healing.

Can you tell us about some of your hobbies that help you rejuvenate outside your personal life?

I find table-tennis and cricket matches very refreshing. Music is therapy and I like listening to Hindi music and watching old classics.

Meet Our Nurse



Ms Nisha Maisi
Nursing Supervisor
Fortis Escorts Hospital, Faridabad

What inspire you to pursue a career in nursing and how it has shaped your professional and personal life?

A deep desire to care for others in their most vulnerable moments influenced my career choice. Nursing has shaped me into a critical thinker, a lifelong learner and a leader. The challenges-whether it's managing emergencies, collaborating with interdisciplinary teams, or educating patients-have strengthened my confidence and adaptability. At a personal level, nursing has given me a deeper appreciation for life, health, and human dignity.

Can you share a personal experience that exemplifies the impact nursing had on your life?

During my time as a nurse, there was one patient who left a deep impact on me. A middle-aged man was admitted to the IMCU in critical condition after a severe accident. His family was extremely anxious and every day they looked to us not just for medical updates but also for emotional reassurance.

One night, his condition worsened. His wife was crying outside the IMCU and I sat with her for a few minutes explaining the treatment plan and offering comfort. She later told me that that moment gave her strength when she had none. The patient eventually recovered and walked out of the hospital weeks later.

What steps do you take to stay updated on the advancements and evidence-based practices in nursing?

As a nursing supervisor, staying updated on advancements and evidence-based practices is a core part of my role-not just for my own development, but to guide and support my team. I actively pursue professional development through workshops, seminars,

and online courses, often focusing on leadership in nursing, clinical best practices, and quality improvement. I also maintain strong professional relationships with other nurse leaders and educators within and outside our facility.

How has been your journey working at Fortis?

My journey at Fortis Hospital-from a staff nurse to a nursing supervisor-has been both challenging and incredibly fulfilling. I had joined Fortis as a staff nurse, where I had the opportunity to build strong clinical skills, deliver patient-centred care, and learn from experienced colleagues.

What truly shaped my transition was my interest in not just caring for patients, but also improving systems and supporting my team. I began leading small initiatives-like streamlining handover processes and improving infection control compliance-which were noticed by my seniors.

Becoming a nursing supervisor was a major milestone. It gave me a broader view of hospital operations and allowed me to directly influence the quality of care on a larger scale.

How you manage a healthy work life balance as a nurse?

As a nursing supervisor, managing a healthy work-life balance is essential-not only for my well-being but also to set a positive example for my team. I prioritise boundaries between work and personal time. Self-care is a priority-I make time for rest, exercise, and activities that help me unwind. Additionally, I promote a supportive team culture where staff feel comfortable seeking help and balancing their own work and personal lives.

Awards & Accolades

Fortis Gurugram Wins Four Prestigious Awards at ET Health Conclave 2025



Fortis Hospital, Gurugram, won four prestigious awards at the ET Health Conclave 2025, held on July 27, 2025, in Gurugram, Haryana. While Dr Sandeep Dewan, Senior Director & HOD - Critical Care, was honoured with the 'Excellence in Critical Care & ECMO' award, Dr Rahul Bhargava, Principal Director & Chief - Hematology, Hemato-oncology and BMT, won the 'Excellence in Hematologic Cancer Care & BMT' award. The 'Excellence in GI Surgery & GI Oncosurgery' award was presented to Dr Amit Javed, Senior Director - GI, GI Oncology, Minimal Access & Bariatric Surgery. The prestigious 'Operational Excellence in Hospital Management' award was bestowed upon Mr Yash Rawat, VP & Facility Director, Fortis Hospital, Gurugram.

Dr Mohan Keshavamurthy of Fortis Bengaluru Felicitated with 'Most Popular Uro-Oncologist' Award



Dr Mohan Keshavamurthy, Principal Director – Renal Sciences, Fortis Hospitals, Bengaluru; Chairman – Urology Specialty Council, Fortis Hospitals, India; and Chairman – Robotic Steering Committee, Fortis Hospitals, Bengaluru, has been honoured with the Most Popular Uro-Oncologist award by the Foundation of Healthcare and Wellness Promotion during their Annual Convention 2025, held from May 9-11, 2025 in Greater Noida.

Fortis Hospital Gurugram Wins Top Honours at India Health Next Awards 2025



On July 11, 2025, Fortis Hospital Gurugram was honoured with two prestigious awards at the India Health Next Awards, held at Bharat Mandapam, Pragati Maidan, New Delhi. The hospital received the awards for Excellence in Oncology and Excellence in Gastroenterology, which were received by Dr Suman Karanth, Additional Director - Medical Oncology, and Dr Rinkesh Bansal, Additional Director - Gastroenterology, respectively.

These accolades are a testament to Fortis Gurugram's unwavering commitment to clinical excellence, patient-centric care, and continuous innovation in healthcare delivery.

Dr Pradeep Jain of Fortis Shalimar Bagh, New Delhi, Felicitated for Excellence in Robotic GI Oncosurgery



Dr Pradeep Jain, Chairman - GI, GI Onco, Bariatric & Minimal Access Surgery at Fortis Hospital, Shalimar Bagh, received an honour from the Hon'ble Chief Minister of Delhi, Mrs Rekha Gupta, recognising his outstanding contribution to Robotic GI Oncosurgery. The felicitation took place at the Delhi Secretariat on Doctors' Day, July 1, 2025.

Dr Jain has pioneered robotic surgical techniques for complex gastrointestinal cancers, enabling safer surgeries with faster recovery for patients. He shared that being recognised for work in a field of passion brings immense satisfaction and motivates him to continue advancing surgical care.

Dr Rashi Khare and Dr Jaideep Bansal of Fortis Shalimar Bagh felicitated by The Times Group



Dr Rashi Khare, Additional Director – Cardiology and Dr Jaideep Bansal, Principal Director & HOD – Neurology at Fortis Hospital Shalimar Bagh, have been honoured with prestigious awards by The Times Group, a prominent national media house.

Dr Rashi Khare was honoured with the prestigious Inspiring Cardiologist Award. The award was presented by the Hon'ble Governor of Tripura, Shri Indrasena Reddy Nallu, at a ceremony that brought together more than 50 leading doctors from across the country to celebrate their contributions to healthcare.

Dr Jaideep Bansal, Principal Director & HOD – Neurology was honoured with the Inspiring Neurologist Award. The award was presented by Mr Praveen Khandelwal, Hon'ble Member of Parliament (Lok Sabha).

Dr Azmat Karim of Fortis Escorts, Okhla Road, honoured by the Times Group



Dr Azmat Karim, Consultant – Pulmonology, Fortis Escorts, Okhla Road, New Delhi has been honoured with the 'Inspiring Chest Specialist 2025' award, by the Times Group. The award was presented at the Doctor's Day Conclave, organised by the prominent national media house.

Dr Vivek Anand Padegal of Fortis Hospital, Bannerghatta Road, Bengaluru, Felicitated by The Times Group



Dr Vivek Anand Padegal, Additional Director – Pulmonology at Fortis Hospital, Bannerghatta Road, Bengaluru, has been honoured with the prestigious 'Inspiring Chest Specialist of India' award by The Times Group, one of the country's leading media houses. The award was presented by renowned actress and former Member of Parliament, Ms Jaya Prada, at a distinguished ceremony that brought together over 50 eminent doctors from across India to celebrate their exemplary contributions to healthcare.

Dr Sanjeev Mahajan, Dr Mudit Kumar and Dr Gursimran Kaur of Fortis hospitals in Ludhiana receive Big FM's 'Doc You Rock' Awards



Three eminent medical luminaries from Fortis Hospital Chandigarh Road & Mall Road, Ludhiana, were honoured with the prestigious 'Doc You Rock' Award by Big FM 92.7 on June 30, 2025, in recognition of their exemplary contributions to the field of healthcare.

While Dr Sanjeev Mahajan, Director Orthopaedics, Robotic Joint Replacement & Sports Medicine was recognised for his pioneering leadership in orthopaedics and joint care, Dr Mudit Kumar, Additional Director GI, Minimal Access & Bariatric Surgery was celebrated for his excellence in gastrointestinal sciences and advanced laparoscopic procedures. Dr Gursimran Kaur, Principal Consultant - Obstetrics & Gynaecology was honoured for her unwavering commitment to women's wellness and holistic maternal care.

Dr Manjunath S. of Fortis Bannerghatta Road, Bengaluru, Honoured at BIG Impact Awards 2025



Dr Manjunath S., Senior Consultant – Nephrology & Transplant Physician at Fortis Hospital, Bannerghatta Road, Bengaluru, has been awarded the prestigious 'Excellence in Patient's Choice Award – People's Doctor' at the BIG Impact Awards 2025, hosted by BIG FM 92.7, a popular radio channel.

The award was presented by renowned actress Ms Priyanka Upendra, in recognition of Dr Manjunath's outstanding dedication, compassionate care, and the trust he has earned from patients through his exemplary service.

Fortis Hospital Gurugram Leads with FSSAI 'Eat Right Campus' Recognition



Fortis Hospital, Gurugram has been officially certified as an 'Eat Right Campus' by the Food Safety and Standards Authority of India (FSSAI), effective August 1, 2025. This highly esteemed certification was awarded following a rigorous audit and assessment of our food safety, hygiene practices, and nutrition standards. The 'Eat Right Campus' initiative was launched by FSSAI to promote safe, healthy, and sustainable food in educational and institutional campuses. Initially focused on schools and universities, the program has since expanded to cover large-scale institutional kitchens in hospitals, corporate offices, and factories.

Fortis Gurugram is the first and only hospital across the entire Fortis network to have achieved this certification—twice. This remarkable milestone reinforces our commitment to excellence not just in clinical care, but also in nutrition, food safety, and patient well-being. Mr Yash Rawat, VP & Facility Director, Fortis Hospital Gurugram, commended the entire kitchen team as well as partners—Compass India Food Services, Centre for Food Safety and Hygiene LLP, and Equinox Labs—for their unwavering commitment to quality and operational excellence.

Galaxy of Doctors and Facility Director, Fortis Ludhiana, Mall Road, Recognised at Times Health Saviours Awards Ceremony



Several doctors from Fortis Ludhiana were honoured at the Times Health Saviours event organised by The Times of India, a prominent media house, in Ludhiana, on August 30, 2025. Dr Sanjeev Mahajan, Orthopaedics; Dr Manish Munjal ENT; Dr Mudit Kumar GI & Gastroenterology; Dr Sushil Gupta Pulmonology; Dr Harish Matta - General Surgery; Dr Nitin Shankar Behl - Gastroenterology; Dr Navjot Kaur Kaler - Paediatric; Dr Kirat Singh Grewal - Neurology; Dr Aarti Gupta Tuli - Gynaecology and Dr Vikas Gupta Rheumatology were among the clinicians felicitated for their exemplary contributions in advancing healthcare. Mr Gurdarshan Singh Mangat, Facility Director - Fortis Ludhiana, Mall Road, was also honoured for his contribution towards exemplary patient welfare. The awards were presented by Dr Pragati Verma, IAS, Assistant Commissioner, who is also a post-graduate in Radiology from PGIMER Chandigarh.

CRISIL Upgrades ESG Rating of Fortis Healthcare



CRISIL has upgraded overall ESG Rating of Fortis Healthcare Limited (FHL) to CRISIL ESG 58 from CRISIL ESG 56. This places us in the "Adequate" category, which corresponds to a rating range of 51-60.

Additionally, our Core ESG rating by CRISIL stands at 66, classified in the "Strong" category (61-70).

CRISIL ESG Rating	0-40	41-50	51-60	61-70	70+
Category	Weak	Below Average	58-Adequate	66-Strong	Leader
			FHL Overall ESG Rating	FHL CORE ESG Rating	

CRISIL notes that the rating improvement was on account of following observations:

- Significant improvement in the Environmental (E) pillar score
- Stable score in Social (S) pillar
- Strong performance on Governance (G) parameters
- Enhancement in level of ESG disclosures

The rating upgrade by CRISIL validates and independently recognizes Fortis Healthcare's consistent and meaningful progress in ESG practices.

Photo Feature



Fortis SL Raheja, Mahim - A Fortis Associate



Fortis Hospital, Mulund



Fortis Hospital, Kalyan



Fortis Hospital, CG Road, Bangalore



Fortis Hospital, Nagarbhavi, Bangalore



Fortis Hospital Rajajinagar, Bangalore



Fortis Hospital, BG Road, Bangalore



Fortis Escorts Heart Institute



Fortis Hospital, Greater Noida



Fortis Hospital, Mall Road, Ludhiana



Fortis Hospital, Ludhiana



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Vasant Kunj



Fortis Escorts Hospital, Faridabad



Corporate Office, Gurugram



Fortis Hospital, Gurugram



Fortis Hospital, Shalimar Bagh



Fortis Escorts Hospital, Jaipur

Congratulations

New Additions to the Family



**Baby of Divya N
Fortis Nagarbhavi**



**Baby of Rakesh Mal
Fortis Anandapur**



**Baby of Susmita Debbarma
Fortis Anandapur**



**Baby of Abhirup Chakraborty
Fortis Anandapur**



**Baby of Adarsha Mondal
FHKI, Kolkata**



**Baby of Ashim Sarkar
FHKI, Kolkata**



**Baby of Dr Partha Bikash Ghosh
FHKI, Kolkata**



**Baby of Himanshi Naagar
Fortis, C-DOC**



**Baby of Jiby Thankam George
FEHI, Okhla**



**Baby of Kajol Singh
Fortis Anandapur**

Newly Weds



**Sanjib Sarkar
Fortis Anandapur**

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